COURSE SYLLABUS

Please read the following course syllabus carefully, especially the course dates, times and location. If you have any questions, please do not hesitate to communicate with the IDEAL Program office, your academic advisor, or the instructor.

The IDEAL degree-completion program is designed with the adult learner in mind. Adult learners approach learning with specific goals, want to be able to directly apply new learning to their work and personal lives, and tend to learn best when the coursework is problem-centered so that they are actively engaged in the learning process. In addition, adults bring rich and varied experience to the classroom, which becomes a valuable learning resource for other students.

The IDEAL Program assumes joint responsibility in the learning process. The activities and assignments in the courses build on the shared experience of all learners in each class. This is why each student's preparation, participation and interaction in class activities and discussions are critical to the success of each course. The accelerated format of each course requires a significant amount your time outside the classroom to prepare for and complete the course assignments. This varies between students and courses; however, students typically spend nine-twelve hours per week on course material.

To participate in the IDEAL Program, it is expected that you will do the following:

1. Attend every class session. Be on time.
2. Obtain the required course materials prior to the first class session.
3. Complete the first assignment prior to the first class session and all subsequent assignments to the best of your ability.
4. Participate in the class discussions and demonstrate respect and consideration to the instructor and other students when they express themselves in discussion.

If you cannot perform these four expectations, it is recommended that you drop the course. We look forward to your academic success in each course and the ultimate completion of your degree.

Course No. & Title: PSYC 407 ID8W2, Psychology of Consciousness
Semester and Term: Spring 2014
Day and Dates: Wednesdays, 3/12/14 – 4/30/14
Time: 6pm-9pm
Campus Location: Bridgeport

Course Description:
Study of all aspects of consciousness. Topics include sleep and dreams, meditation and prayer, yoga, daydreaming, creative insights, extrasensory perception, spiritual experiences, drug-induced states, hallucinations, and the mind-body issue.
Prerequisite Course: PSYC 103 and 201 or 202
Course Code: HS-PE, LA, PSY-PE, SsC

Instructor & contact information:
Herb Storck
E-mail: hstorck@bridgeport.edu

Required Textbook:

Consciousness: An Introduction
Second Edition
Susan Blackmore
ISBN13: 9780199739097 ISBN10: 0199739099 Paperback , 540 pages
Feb 2011

To order textbooks, go to the bookstore website at http://bridgeport.textbooktech.com/
Select IDEAL Campus and login to the bookstore. Select the course and follow instructions.

Learning Outcomes:
Upon completion of this course the student should be able to:

- Understand what consciousness is.
- Identify what potential problems are there with the idea that consciousness causes our actions.
- Gain an understanding of the theoretical perspectives on consciousness.
- Gain an understanding of free will.
- Gain an understanding of the relationship to the brain and consciousness.
- Identify and understand altered states of consciousness.
- Gain an understanding of the role of sleep and unconsciousness.
- Understand the role of dreams.
- Understand the relationship between Buddhism and consciousness.

First Assignment Prior to the First Class:

Evaluation Criteria:

Paper	10%
Midterm	20%
Online Assignments (5)	25%
Quizzes (1)	15%
Final Exam	30%

Attendance Policy: Absence at the first class session is cause for an automatic drop. Absence of one class session will drop one letter grade for the course. A second absence will drop your final grade by another letter grade. Three absences will require you to drop the course.

Make-up Policy: There are no make-ups.

Policy on Plagiarism: Plagiarism is falsely presenting the words or ideas of another as your own. This is academic dishonesty and any student who plagiarizes will receive a failing grade for the paper. Simply be sure you give credit to the person who's ideas or words you use. It's that simple.

Calendar:

CANVAS > > > > > > > > > PLEASE NOTE: The Ideal Program now requires us to include a Canvas on-line assignment each week. Don't let this freak you out, we'll discuss the scope of the assignments during the first class.

LET'S GET THE MOST OUT OF CANVAS!!!!!!! Canvas does need to be simply a "grade-generating assignment machine". We can actually use it for our benefit!

Since we are all commuters, we do not have the benefit of getting together outside of class to have study groups, etc. Therefore, I'm trying something new. Throughout this course we will use the benefits of Canvas to provide an interactive "study group". You may post questions, provide answers to student questions, whatever interactive study activity you find useful (as long as you don't say anything bad about me).

Week 1: 5/7 Intro to Consciousness

- Read Chapters 1 – 4
- Share with class your career objectives and what you hope to get out of this course

Write a 3-page paper, double-spaced, 1-inch margins, on the concept of "the theater of the mind", including the Cartesian Theater" and Global Workspace Theory. ***IMPORTANT, PAPER MUST BE Turned in TO INSTRUCTOR THE DATE OF THE FIRST CLASS. If you do not yet have a textbook before the first class, USE OTHER RESOURCES SUCH AS INTERNET RESOURCES OR THE LIBRARY. In fairness to all students, LATE PAPERS WILL NOT BE ACCEPTED FOR ANY REASON.***

CANVAS ASSIGNMENT (Post due Friday, replies due Monday): Using the concept of "a theater of the mind" - - - or the "global workspace theory", post a discussion of how you see/visualize (or don't see) this experience in your own day-to-day consciousness. Reply to at least one other student's post.

Week 2: 5/14 The World

Read Chapters 5 – 6

ONLINE ASSIGNMENT:

Due Monday, 5/13 11:00 p.m.

Discuss the author's, and your own, view of the relationship between consciousness and reality. Does reality exist "out there" in the world, or "in here" in our mind? What are the implications?

CANVAS ASSIGNMENT (Canvas is open all week for this activity): This week we will make special use of the benefits of Canvas to provide an interactive "study group". You may post questions, provide answers to student questions, whatever interactive study activity you find useful.

Week 3: 5/21 Altered States of Consciousness

- **QUIZ on Weeks 1 & 2 in-class and reading material.**
- Read Section 8 (Chapters 22 – 24)
- Be prepared for a quiz on Week 1 & 2 material.

CANVAS ASSIGNMENT (Post due Friday, replies due Monday): Discuss the most dramatic altered state of consciousness you have experienced. What was the experience like? Was it spiritual? Was it physical, for example, experienced during sex or other physical activity? Was it chemically induced? If so, was it a "good trip" or a "bad trip"? What was the effect it had on your life.

Week 4: 5/28 The view from Within, Mindfulness

- Read Section 9 (Chapters 25 - 27)

- Prepare for Midterm Exam

CANVAS ASSIGNMENT (Canvas is open all week for this activity): This week we will make special use of the benefits of Canvas to provide an interactive "study group". You may post questions, provide answers to student questions, whatever interactive study activity you find useful.

Week 5: 6/4 The Self

- Read Section 3 (Chapters 7 – 9)
- Midterm Exam on Sections 1,2,8,9

CANVAS ASSIGNMENT (Post due Friday, replies due Monday):
Do you personally have a concept of "self"? If so, try to put it into words. If not, well, try to put that into words too. Reply to at least one other student's post.

Week 6: 6/11 Evolution

- Read Section 4 (Chapters 10 – 12)
- Be prepared for a quiz on Section 9 (Chapters 25 - 27)

CANVAS ASSIGNMENT (Post due Friday, replies due Monday):
What evidence do you see in your life, or mindfulness, of the effect evolution on your awareness of life and ability to survive? Reply to at least one other student's post.

Week 7: 6/18 First Person Approaches

- Read Section 9 (Chapters 25 - 27)
- ONLINE Assignment
  - Due 6/17 11:00 p.m.
    - What is Mindfulness? How does it compare to meditation? How can you put mindfulness to work in your life?

CANVAS ASSIGNMENT (Post due Friday, replies due Monday):
Do you engage in meditation or mindfulness? If so, please describe the experience and the benefits it has on your life. If not, why not? What do you imagine the experience to be like? Reply to at least one other student's post.

Also, online study group is available again for Final Exam.

Week 8: 6/25 Artificial Consciousness

- Read Section 5 (Chapters 13 - 15)
- Final Exam (Cumulative)

This syllabus is subject to change at the discretion of the instructor.

Letter Grading Scale:

% of Points Earned	Letter Grade
100-94	A
93-90	A-
89-87	B+
86-84	B
83-80	B-
79-77	C+

% of Points Earned	Letter Grade
76-74	C
73-70	C-
69-67	D+
66-64	D
63-60	D-
Below 60	F

ACADEMIC POLICIES

Attendance Policy

Classroom attendance is an integral part of the academic experience; therefore, students are expected to attend all class sessions. If an absence is unavoidable, the student, prior to class, should communicate with the instructor. Arrangements should be made at that time for submission of any missed assignments. It is also expected that students arrive on time and not leave until the class is dismissed. Tardiness will result in a reduced grade for the course. If you cannot attend every class session you should consider dropping the course.

IMPORTANT:

- Missing one class session will drop the final grade by one letter grade (for example if a student earns a grade of "B" in the course, the final grade would be a "C").
- Missing two or more class sessions will be cause for a failing grade.
- Note: For 15-week courses; missing two class sessions will result in a letter grade drop and three or more will cause a failing grade.

Drop Procedures

To drop a course, you must complete and submit a Schedule Change Request Form. The form can be accessed at the IDEAL Course Schedule webpage: http://www.bridgeport.edu/academics/continuinged/ideal-academic-degree-programs-and-certificates/ideal-course-schedule/.

Please print and complete the form and fax the form to the IDEAL Office: 203-576-4537. Prior to dropping a course, the student should contact their IDEAL Academic Advisor to understand the implications to financial aid and/or degree plan progress.

Please review the drop fees and tuition refunds at the Academic Calendar; accessed at the IDEAL Course Schedule webpage (same link above).

Cell Phones

Cell phones must be turned off (or placed on “vibrate”) while in the classroom. A cell phone call is disruptive and disrespectful to the other students in the class.

Academic Dishonesty

The IDEAL program prohibits all forms of academic dishonesty. Academic dishonesty is normally defined as, but not limited to, the following two categories:

Cheating – Using inappropriate sources of information in an assignment or on a test. The following are examples of cheating taken from real student experiences:

> Case #1: A student is enrolled in an introductory psychology course. He has co-workers who have taken the same course. As the end of the course approaches, he wonders how he will find the time to get the research paper finished, and asks one of his co-workers for help. His co-worker hands him a research paper that he submitted in a similar course. The student makes minor modifications to the paper, and submits it under his own name.
>
> Case #2: A student enrolled in a humanities course is unsure about how to structure an essay. She is doing research on the World Wide Web, and comes across an essay written by a student from another university. Using her computer mouse, she copies and pastes the essay into her word processor. She goes to great lengths to re-word the paper in her own style, but essentially leaves the content and organization the same.

Plagiarism – Intentional as well as unintentional failure to acknowledge sources as well as the use of commercially available so-called “research papers” without full recognition of the source. Presenting as one’s own, the ideas, words, or products of another. The following are examples of plagiarism taken from real student experiences:

> Case #3: A student is conducting research for a Civil War research paper. He has reviewed work on the Internet. Finding helpful information, he has summarized his findings <u>without citing his sources</u>. He believes that minor paraphrasing is all that is necessary.
>
> Case #4: A student is writing a paper that requires her to address specific topics and problems in the assigned course textbook. She takes the information directly from the textbook with slight modification, without giving any citation. She thinks that since it is the course textbook, she doesn’t have to use quotations or citations.

Academic dishonesty applies to all courses, assignments or exams completed by students and submitted as their own original work, whether in person or by electronic means. The University does not tolerate cheating in any form. It is a serious breach of conduct with serious consequences. Instructors have the right to determine the appropriate penalty for academic dishonesty in their own courses; generally, however, such acts will result in a failing grade for the assignment and/or the course. The penalty for subsequent acts of academic dishonesty may include expulsion.

More information on how to recognize plagiarism can be found at this site:
<u>http://www.indiana.edu/~istd/plagiarism_test.html</u>

Ethics Statement of Confidentiality
An integral component of an IDEAL course is student and faculty expression of personal experiences for the purpose of facilitating coursework. Students enrolled in the program are expected to honor confidentiality as it pertains to student disclosure. Shared information, comments, or opinions expressed by another student or the faculty member during the course of classroom discussion should never be used in a manner which is intended to humiliate, embarrass, harass, damage, or otherwise injure other students in their personal, public, or business lives. In addition, confidentiality must be upheld by not disclosing any information that would identify any particular individual.

ACADEMIC RESOURCE CENTER

The Academic Resource Center is available for IDEAL students seeking help in their studies. The Center is staffed by writing professionals and peer tutors. More information can be found at: http://www.bridgeport.edu/pages/2209.asp The Center is located on the 5th Floor of the Wahlstrom Library. Make an appointment or walk-in: Telephone: 203-576-4290. **Online Tutoring** is available at: www.etutoring.org. To use this free service you must have a UBNet account.

Obtaining a UBNet Account
Every registered student should obtain a UBNet Account. The account allows you to access MyUB; the portal for grades, library services, Canvas online learning system. Also, the account allows you access to computers in the Library and computer labs, and provides an email account in which the University sends out information. Go to: http://www.bridgeport.edu/ubnet - Click on "New UBNet Account" and follow the instructions.

The @bridgeport.edu email address is the official email the University uses to send information to you. You can have your bridgeport.edu email forwarded to any other private email account you use. Following the activation of your UBNet account (takes 24 hours), login at: http://www.bridgeport.edu/email and click on "forwards" at the top of the page. Follow the directions to forward email messages to your other account.

Learning Management System (LMS) - Canvas
For all courses that use Canvas, you can access Canvas through the portal by using the myUB link. Faculty post class documents on Canvas e.g. syllabus, power points, discussion questions, case studies, current event articles, papers, reports etc. (save some trees). All students have access, and can download and copy the documents.
Canvas Tutorial For Students: https://bridgeport.instructure.com/courses/985903
For assistance contact the UB Help Desk at 203-576-4606 or email helpdesk@bridgeport.edu
https://bridgeport.instructure.com/courses/829447/

Accessing Your Grades & Schedule Online
The WebAdvisor online information system allows students to search for available classes, check grades, view semester class schedule and verify your personal profile. Grades are generally posted 2-3 weeks following the end of a course. To access WebAdvisor, login in to MyUB and follow the WebAdvisor menu on the right. If you are carrying a financial balance, access to WebAdvisor will be restricted.

Using the Library

Access to the Digital Library is through MyUB. On the MyUB home, in the central column, click on "myEureka Digital Library." Research tools available:

- Search for books held at the library.
- Search the online databases for your academic field; business, counseling, human services, psychology, etc.
- Send questions to the Reference Librarian for assistance in research topics and searching strategy.

Using Computers

Open access computer labs are available at three locations:

- Bridgeport – 1st floor of the Wahlstrom library. Check library hours of operation at: http://www.bridgeport.edu/library.
- Stamford – Room D; Check open hours at: http://www.bridgeport.edu/stamford
- Waterbury – Computer Lab; Check open hours at: http://www.bridgeport.edu/waterbury

Course Cancellations

Any emergency necessitating the canceling of courses will be announced by the University through the Emergency Notification Telephone Line, (203) 576-4159. Please call this number for information on course cancellations. Also, information will be posted under "Latest News" on the UB home page, (www.bridgeport.edu). Canceled classes will be made up either the week following the end of the course or in consultation between the instructor and the students as to day and time availability. Course cancellations are also announced on television and radio stations.

IMPORTANT CONTACT INFORMATION

Office	Telephone	Email
Bridgeport Campus Security	(203) 576-4911	ubsecurity@bridgeport.edu
Bursar	(203) 576-4692	bursar@bridgeport.edu
Cashier	(203) 576-4682	cashier@bridgeport.edu
Financial Aid	(203) 576-4568	sfs@bridgeport.edu
Registrar	(203) 576-4635	registrar@bridgeport.edu
Emergency Notification Phone	(203) 576-4159	
IDEAL Office	(203) 576-4800	idealinfo@bridgeport.edu

CAMPUS CONTACT INFORMATION

Campus	Address	Telephone	Email
Bridgeport	126 Park Avenue Bridgeport, CT 06604	(203) 576-4800	idealinfo@bridgeport.edu
Stamford	5 Riverbend Drive Stamford, CT 06750	(203) 358-0700	ubstamford@bridgeport.edu
Waterbury	84 Progress Lane Waterbury, CT 06705	(203) 573-8501	ubwaterbury@bridgeport.edu

Directions to IDEAL Campus locations	http://www.bridgeport.edu/pages/2260.asp

To fill out your financial aid report to the Federal Government, please go online to www.fafsa.ed.gov. The school code for the University of Bridgeport is 001416.
Federal Student Aid Information: 1-800-433-3243