PSYC 381

Drug Effects and Behavior

Summer 2014

Course Syllabus

Please read the following course syllabus carefully, especially the course dates, times and location. If you have any questions, please do not hesitate to communicate with the IDEAL Program office, your academic advisor, or the instructor.

The IDEAL degree-completion program is designed with the adult learner in mind. Adult learners approach learning with specific goals, want to be able to directly apply new learning to their work and personal lives, and tend to learn best when the coursework is problem-centered so that they are actively engaged in the learning process. In addition, adults bring rich and varied experience to the classroom, which becomes a valuable learning resource for other students.

The IDEAL Program assumes joint responsibility in the learning process. The activities and assignments in the courses build on the shared experience of all learners in each class. This is why each student's preparation, participation and interaction in class activities and discussions are critical to the success of each course. The accelerated format of each course requires a significant amount of your time outside the classroom to prepare for and complete the course assignments. This varies between students and courses; however, students typically spend nine-twelve hours per week on course material.

To participate in the IDEAL Program, it is expected that you will do the following:

1. Attend every class session. Be on time.
2. Obtain the required course materials prior to the first class session.
3. Complete the first assignment prior to the first class session and all subsequent assignments to the best of your ability.
4. Participate in the class discussions and demonstrate respect and consideration to the instructor and other students when they express themselves in discussion.

If you cannot perform these four expectations, it is recommended that you drop the course. We look forward to your academic success in each course and the ultimate completion of your degree.

Course No. & Title: PSYC381 RB8W2, Drug Effects and Behavior
Semester and Term: SUMMER 2014, 7/8/2014 - 8/19/2014
Class Meetings: Tuesdays: 6:00pm - 9:30pm
Campus Location: Stamford
Instructor: Dima Grozeva, UB e-mail: dgrozeva@bridgeport.edu

Course Description: This course will provide a thorough review of the fundamentals of psychopharmacological research, with emphasis on human drug taking behavior. The focus of this review will include history, prevalence and incidence, basic pharmacology, as well as physiological and behavioral effects. Implications of drug taking behaviors and addictive disorders will be discussed, along with theories and practices of prevention and treatment.

Prerequisite Courses: PSYC 103 and PSYC 201 or 202
Course Code: HS-PE, LA, PSY-PE, HSM, PSY-M, DM-PPR

Required Textbook:
Hart, C. L. and Ksir, C. (2013). *Drugs, Society and Human Behavior* (15th ed.). New York: McGraw Hill. ISBN: 978-0-07-352974-5

Additional Readings Assigned Online:
1. Alcohol Use and Misuse from the *Handbook of Health Psychology* (2001).
2. Recognition and Prevention of Inhalant Abuse from the *American Family Physician* Journal (2003).
3. Marijuana Abuse and Addiction from *Concepts of Chemical Dependency* (2006)

Learning Outcomes:
Upon completion of this course, the student should be able to:
- Recognize, differentiate, and explain the influence of drugs on human behavior, cognitions and emotions, being familiar with key concepts, such as tolerance, substance abuse and dependence.
- Identify biological systems affected by drugs, and how these systems adapt and change as a result of habitual drug use.
- Review, interpret and evaluate research literature on drug use and human behavior.
- Describe how genetics, culture and environment influence drug taking behaviors; understand and explain how conditioning (both classical and operant) may contribute to drug use.
- Differentiate between recreational and therapeutic drug use, as well as the various methods of treating drug abuse and addiction.
- Identify and differentiate between diagnosable substance-related and addictive disorders.

Assignments:

- Literature Review Paper: This paper will focus on a specific area related to substance use and associated biological changes, human behavior and psychology. The student will address and discuss biological, cognitive and emotional effects of the drug use, as well as recognized preventative and treatment options. The student will choose the topic of the paper; however, all topics must be cleared by the instructor no later than class meeting on **Tuesday, 7/29/2014**. This paper should be formatted in APA Style, and should be between 10-15 pages long (title page, abstract page and reference pages are in addition to the minimum 9 pages of text). The paper has to reference no fewer than 5 peer reviewed journal articles. Detailed information and instructions on APA format will be provided online and in class.
- Brief in-class Presentation on Research Project: Students are expected to identify key findings related to their literature review/research paper and present those in an informal fashion (no PowerPoint slides are required) in class on **Tuesday, 8/12/2014.** This is an opportunity for everyone to share their findings with peers, while demonstrating their mastery of the concepts and knowledge they have acquired during the course of the class, their individual research and prior experience.
- Online Quizzes: Students are trusted to complete a total of three online quizzes, where questions are based on the textbook readings assigned for the class. Quizzes compose of multiple choice questions and must be completed prior to the assigned due date (please see the class schedule for specific due dates). While students are allowed to use the textbook while completing the Quizzes, the best way to prepare for this approach of testing is to try and anticipate multiple choice questions, as you read through the material (this will also help you remember material and key concepts better).
- Online Reading, Commentary and Critique: Students are expected to read a total of three additional readings (posted on Canvas) and subsequently write a 2-3 page Commentary and Critique, based on the information and the conclusions of the authors. Students may discuss specific findings of the research that they have found interesting and/or surprising, as well as weak or limiting aspects of the research and its conclusions. In addition, students are welcome to discuss suggestions for future research on the subject. These assignments should be completed prior to the beginning of class on the due date (please, see the class schedule). In addition to bringing a hard copy of their Commentary and Critique, students should also e-mail their paper to the instructor. Feedback will be provided for all submitted assignments.
- Online Video Material, Commentary and Critique: Students are expected to view a series of video clips that depict or discuss addiction issues and write a 2-3 page commentary and critique, expressing their reactions to the video material, demonstrating their understanding to concepts discussed throughout the semester (due on **Tuesday, 8/19/14**).

Grading Criteria:

Literature Review Paper	40%
Brief in-class presentation on research topic	6%
3 Online Quizzes	15%
3 Online Reading, Commentary and Critique	24%
Online video material, Commentary and Critique	5%
Participation	10%
Total	100%

Letter Grading Scale:

% of Points Earned	Letter Grade	% of Points Earned	Letter Grade
100-94	A	76-74	C
93-90	A-	73-70	C-
89-87	B+	69-67	D+
86-84	B	66-64	D
83-80	B-	63-60	D-
79-77	C+	Below 60	F

First Assignment to be Completed Prior to the First Class Meeting:
In addition to reading the syllabus for the course, students are trusted to read the first three chapters of the required Textbook, *Drugs, Society and Human Behavior* and complete Online Quiz #1, posted on the course page under the Canvas online learning system. The quiz must be completed prior to attending the class on **Tuesday, 7/08/2014**. Students are free to use the textbook when answering the quiz questions.

Class Schedule

Date	Topic	Class Assignment	Online Assignment
7/08/14	Drug Use in Modern Society	Textbook: Ch: 1, 2, 3	Online Quiz #1
7/15/14	Physiological Effects of Drugs	Textbook: Ch: 4, 5	Online Quiz #2
7/22/14	Stimulants and Depressants, Mental Disorders	Textbook: Ch: 6, 7, 8	Online Quiz #3
7/29/14	Alcohol and Tobacco	Textbook: Ch: 9, 10 **Finalize Research Paper Topic**	Reading 1, Commentary and Critique

Date	Topic	Class Assignment	Online Assignment
8/05/14	Caffeine, Supplements and Performance-Enhancing Drugs	Textbook: Ch: 11, 12, 16	Reading 2, Commentary and Critique
8/12/14	Opioids, Hallucinogens and Marijuana	Textbook: Ch: 13, 14, 15 **Brief Presentation on Research topic**	Reading 3, Commentary and Critique
8/19/14	Prevention and Treatment	Textbook: Ch: 17, 18 **Literature Review Paper Due**	Videos, Commentary and Critique

ACADEMIC POLICIES

Attendance Policy
Classroom attendance is an integral part of the academic experience; therefore, students are expected to attend all class sessions. If an absence is unavoidable, the student, prior to class, should communicate with the instructor. Arrangements should be made at that time for submission of any missed assignments. It is also expected that students arrive on time and not leave until the class is dismissed. Tardiness will result in a reduced grade for the course. If you cannot attend every class session you should consider dropping the course.

IMPORTANT:

- Missing one class session will drop the final grade by one letter grade (for example if a student earns a grade of "B" in the course, the final grade would be a "C").
- Missing two or more class sessions will be cause for a failing grade.
- Note: For 15-week courses; missing two class sessions will result in a letter grade drop and three or more will cause a failing grade.

Drop Procedures
To drop a course, you must complete and submit a Schedule Change Request Form. The form can be accessed at the IDEAL Course Schedule webpage: http://www.bridgeport.edu/academics/continuinged/ideal-academic-degree-programs-and-certificates/ideal-course-schedule/.

Please print and complete the form and fax the form to the IDEAL Office: 203-576-4537. Prior to dropping a course, the student should contact their IDEAL Academic Advisor to understand the implications to financial aid and/or degree plan progress.

Please review the drop fees and tuition refunds at the Academic Calendar; accessed at the IDEAL Course Schedule webpage (same link above).

Cell Phones
Cell phones must be turned off (or placed on "vibrate") while in the classroom. A cell phone call is disruptive and disrespectful to the other students in the class.

Academic Dishonesty

The IDEAL program prohibits all forms of academic dishonesty. Academic dishonesty is normally defined as, but not limited to, the following two categories:

Cheating – Using inappropriate sources of information in an assignment or on a test. The following are examples of cheating taken from real student experiences:

> Case #1: A student is enrolled in an introductory psychology course. He has co-workers who have taken the same course. As the end of the course approaches, he wonders how he will find the time to get the research paper finished, and asks one of his co-workers for help. His co-worker hands him a research paper that he submitted in a similar course. The student makes minor modifications to the paper, and submits it under his own name.
>
> Case #2: A student enrolled in a humanities course is unsure about how to structure an essay. She is doing research on the World Wide Web, and comes across an essay written by a student from another university. Using her computer mouse, she copies and pastes the essay into her word processor. She goes to great lengths to re-word the paper in her own style, but essentially leaves the content and organization the same.

Plagiarism – Intentional as well as unintentional failure to acknowledge sources as well as the use of commercially available so-called "research papers" without full recognition of the source. Presenting as one's own, the ideas, words, or products of another. The following are examples of plagiarism taken from real student experiences:

> Case #3: A student is conducting research for a Civil War research paper. He has reviewed work on the Internet. Finding helpful information, he has summarized his findings <u>without citing his sources</u>. He believes that minor paraphrasing is all that is necessary.
>
> Case #4: A student is writing a paper that requires her to address specific topics and problems in the assigned course textbook. She takes the information directly from the textbook with slight modification, without giving any citation. She thinks that since it is the course textbook, she doesn't have to use quotations or citations.

Academic dishonesty applies to all courses, assignments or exams completed by students and submitted as their own original work, whether in person or by electronic means. The University does not tolerate cheating in any form. It is a serious breach of conduct with serious consequences. Instructors have the right to determine the appropriate penalty for academic dishonesty in their own courses; generally, however, such acts will result in a failing grade for the assignment and/or the course. The penalty for subsequent acts of academic dishonesty may include expulsion.

More information on how to recognize plagiarism can be found at this site: <u>http://www.indiana.edu/~istd/plagiarism_test.html</u>

Ethics Statement of Confidentiality

An integral component of an IDEAL course is student and faculty expression of personal experiences for the purpose of facilitating coursework. Students enrolled in the program are expected to honor confidentiality as it pertains to student disclosure. Shared information, comments, or opinions expressed by another student or the faculty member during the course of classroom discussion should never be used in a manner which is intended to humiliate, embarrass, harass, damage, or otherwise injure other students in their personal, public, or business lives. In addition, confidentiality must be upheld by not disclosing any information that would identify any particular individual.

ACADEMIC RESOURCE CENTER

The Academic Resource Center is available for IDEAL students seeking help in their studies. The Center is staffed by writing professionals and peer tutors. More information can be found at: http://www.bridgeport.edu/pages/2209.asp The Center is located on the 5th Floor of the Wahlstrom Library. Make an appointment or walk-in: Telephone: 203-576-4290. **Online Tutoring** is available at: www.etutoring.org. To use this free service you must have a UBNet account.

Obtaining a UBNet Account

Every registered student should obtain a UBNet Account. The account allows you to access MyUB; the portal for grades, library services, Canvas online learning system. Also, the account allows you access to computers in the Library and computer labs, and provides an email account in which the University sends out information. Go to: http://www.bridgeport.edu/ubnet - Click on "New UBNet Account" and follow the instructions.

The @bridgeport.edu email address is the official email the University uses to send information to you. You can have your bridgeport.edu email forwarded to any other private email account you use. Following the activation of your UBNet account (takes 24 hours), login at:
http://www.bridgeport.edu/email and click on "forwards" at the top of the page. Follow the directions to forward email messages to your other account.

Learning Management System (LMS) - Canvas

For all courses that use Canvas, you can access Canvas through the portal by using the myUB link. Faculty post class documents on Canvas e.g. syllabus, power points, discussion questions, case studies, current event articles, papers, reports etc. (save some trees). All students have access, and can download and copy the documents.
Canvas Tutorial For Students: https://bridgeport.instructure.com/courses/985903
For assistance contact the UB Help Desk at 203-576-4606 or email helpdesk@bridgeport.edu
https://bridgeport.instructure.com/courses/829447/

Accessing Your Grades & Schedule Online

The WebAdvisor online information system allows students to search for available classes, check grades, view semester class schedule and verify your personal profile. Grades are generally posted 2-3 weeks following the end of a course. To access WebAdvisor, login in to MyUB and follow the WebAdvisor menu on the right. If you are carrying a financial balance, access to WebAdvisor will be restricted.

Using the Library

Access to the Digital Library is through MyUB. On the MyUB home, in the central column, click on "myEureka Digital Library." Research tools available:

- Search for books held at the library.
- Search the online databases for your academic field; business, counseling, human services, psychology, etc.
- Send questions to the Reference Librarian for assistance in research topics and searching strategy.

Using Computers

Open access computer labs are available at three locations:

- Bridgeport – 1st floor of the Wahlstrom library. Check library hours of operation at: http://www.bridgeport.edu/library.
- Stamford – Room D; Check open hours at: http://www.bridgeport.edu/stamford
- Waterbury – Computer Lab; Check open hours at: http://www.bridgeport.edu/waterbury

Course Cancellations
Any emergency necessitating the canceling of courses will be announced by the University through the Emergency Notification Telephone Line, (203) 576-4159. Please call this number for information on course cancellations. Also, information will be posted under "Latest News" on the UB home page, (www.bridgeport.edu). Canceled classes will be made up either the week following the end of the course or in consultation between the instructor and the students as to day and time availability. Course cancellations are also announced on television and radio stations.

IMPORTANT CONTACT INFORMATION

Office	Telephone	Email
Bridgeport Campus Security	(203) 576-4911	ubsecurity@bridgeport.edu
Bursar	(203) 576-4692	bursar@bridgeport.edu
Cashier	(203) 576-4682	cashier@bridgeport.edu
Financial Aid	(203) 576-4568	sfs@bridgeport.edu
Registrar	(203) 576-4635	registrar@bridgeport.edu
Emergency Notification Phone	(203) 576-4159	
IDEAL Office	(203) 576-4800	idealinfo@bridgeport.edu

CAMPUS CONTACT INFORMATION

Campus	Address	Telephone	Email
Bridgeport	126 Park Avenue Bridgeport, CT 06604	(203) 576-4800	idealinfo@bridgeport.edu
Stamford	5 Riverbend Drive Stamford, CT 06750	(203) 358-0700	ubstamford@bridgeport.edu
Waterbury	84 Progress Lane Waterbury, CT 06705	(203) 573-8501	ubwaterbury@bridgeport.edu

Directions to IDEAL Campus locations	http://www.bridgeport.edu/pages/2260.asp

To fill out your financial aid report to the Federal Government, please go online to www.fafsa.ed.gov. The school code for the University of Bridgeport is 001416.
Federal Student Aid Information: 1-800-433-3243