



Position yourself for success in a high-demand field



Develop practical skills through hands-on learning and clinical exposure



Benefit from personalized guidance and an expert-designed curriculum

Bachelor's in Health Sciences: Pre-Occupational Therapy Concentration

Build the foundation for a rewarding career

Occupational therapists (OTs) help individuals of all ages overcome physical, emotional, and cognitive challenges, enabling them to lead more independent and fulfilling lives. Through University of Bridgeport's Pre-Occupational Therapy (Pre-OT) concentration, you'll gain the skills and knowledge needed to pursue advanced degrees in OT. Our comprehensive curriculum combines essential sciences and patient-centered skills, preparing you to make a meaningful impact in people's lives. By studying with UB's expert faculty and engaging in hands-on learning, you'll bridge theory with real-world practice, ready to thrive in the occupational therapy field.

Build the foundation for a rewarding career

At UB, our comprehensive Pre-OT curriculum combines key scientific knowledge and patient-centered skills, positioning you to make a meaningful impact in people's lives. Gain hands-on experience with our Pre-Professional Clinical Internship course, which prepares you to become an advocate for your patients. Our labs will allow you to gain the essential training needed to ensure you're well-prepared for future studies and a career in occupational therapy.

A path to advanced occupational therapy programs

The Pre-OT program at UB aligns with the requirements for OT graduate programs, offering tailored courses in anatomy, physiology, psychology, and more. With this degree, you'll be ready to apply for advanced programs in OT and pursue a career dedicated to patient empowerment and well-being.



Occupational therapy prerequisites

Year 1

Fall Semester		
PSYC 103	Intro to Psychology	3
Spring Semester		
HSCI 201	Medical Terminology	3
PSYC 202	Psych of Adolescence/Adulthood	3

Year 2

Fall Semester		
BIOL 113	Anatomy & Physiology I	4
HSCI 331	Functional/Clinical Kinesiology	3
PSYC 281	Biological Psych/Neuroscience	3
SOC 101	Principles of Sociology	3
Spring Semester		
BIOL 114	Anatomy & Physiology II	4
CHEM 113	Intro to Chemistry	3
CHEM 113L	Intro to Chemistry Lab	1
HSCI 301	Biomechanics	3
PSYC 205	Lifespan Dev Psychology	3

Year 3

Fall Semester		
CHEM 114	Intro to Biochemistry	3
CHEM 114L	Intro to Biochemistry Lab	1
MATH 203	Statistics	3
MATH 203HS	Biostatistics	4
Spring Semester		
BIOL 106	Intro to Microbiology	4
PSYCH 230	Abnormal Psychology	3

Year 4

Fall Semester		
PHYS 201	Gen Physics I with Lab	4
Spring Semester		
PSYCH	Psych Elective	2

Possible career outcomes

- Clinical researcher
- Mental health advocate
- Occupational therapist
- Rehabilitation aide
- And more!

We are invested in your success

While you're earning your degree, you can take advantage of:

- 70+ career-focused academic programs
- A 16:1 student-to-faculty ratio
- Expert faculty with decades of experience in their fields
- Academic Advising
- Center for Career Development
- Tutoring

Make the most of your college experience

When you live at UB, you'll have a chance to explore:

- Beautiful residence halls located right on Long Island Sound
- Over 30 clubs and organizations, including Greek life to help you get involved on campus
- Men's and women's NCAA DII varsity teams
- A diverse student body from over 30 countries
- Convenient location — 2 hours from Boston and 1.5 hours from New York City
- The #1 safest college campus in Connecticut¹

View all courses offered and read full course descriptions in our course catalog (bridgeport.edu/academics/catalog).

University of Bridgeport is accredited by the New England Commission of Higher Education. The University also is accredited by the Connecticut Office of Higher Education.

¹ADT, 2021